

## DPI000P

### Self and Other in Pastoral Relationships

---

**Intensive unit:** DPI000P - March 1- 2, April 5 - 6

#### Description

In this unit the student will have the opportunity to explore the notion of 'self' as part of their identity in pastoral and other relationships. The development of notions of self will be examined theologically and theoretically, the impact on self-identity will be explored from social, familial, and cultural contexts, and a variety of human emotions will be considered as they impact on relationships with others. The implications of understandings of self and emotion will be explored and examined to deepen understanding and practice of healthy pastoral relationships.

#### Learning outcomes

Upon successful completion of this unit, it is expected that students will be able to:

1. Explain theological and theoretical notions of self as a way of locating their own self-identity.
2. Identify social, familial, and cultural influences on their own identity
3. Understand how notions of self-impact on relationships with 'other' especially within pastoral relationships
4. Identify a variety of human emotions as they impact on pastoral relationships
5. Understand the importance of maintaining emotionally healthy relationships including strategies for the use of supervision, Spiritual direction, peer groups, and ethical boundaries.

#### Assessment

Assessment Type	Weighting
Family/ cultural map with narrative explanation (1200 words)	35%
Case study in ministry or work setting (1800 words)	40%
Weekly reflection blog (1000 total words)	25%

**Pre-requisite:** N/A

**Lecturer:** Kathryn McKinney

#### Recommended reading

\* = set texts recommended for purchase

Burns, Bob, Tasha D. Chapman, and Donald C. Guthrie. *Resilient Ministry: What Pastors Told Us About Surviving and Thriving*. Downers Grove: IVP, 2013.

Conn, Joann Wolski, ed. *Women's Spirituality: Resources of Christian Development*. Mahwah NJ: Paulist Press, 1996.

Cooper-White, Pamela. *Shared Wisdom: Use of the Self in Pastoral Care and Counselling*. Minneapolis: Fortress, 2004.

Culbertson, Philip, Margaret Agee, and Cabrini 'Ofa Makasiale, eds. *Penina Uliuli: Contemporary Challenges in Mental Health for Pacific People*. Honolulu: University of Hawaii, 2007.

Dykstra, Robert C. *Images of Pastoral Care: Classic Readings*. St Louis: Chalice, 2005.

Johnson, Lydia F. *Drinking from the Same Well. Cross Cultural Concerns in Pastoral Care and Counseling*. Eugene: Pickwick, 2011.

Ling, Tim, and Lesley Bentley, eds. *Developing Faithful Ministers. A Practical and Theological Handbook*. London: SCM, 2012.

Richardson, Ronald W. *Creating a Healthier Church : Family Systems Theory, Leadership, and Congregational Life*. Minneapolis: Fortress Press, 1996.

Scazzero, Peter *Emotionally Healthy Spirituality*. Nashville: Thomas Nelson, 2011.

## DP8000P

### Self and Other in Pastoral Relationships

---

**Intensive unit:** DP8000P - March 1 - 2, April 5 - 6

#### Description

In this unit the student will have the opportunity to explore the notion of 'self' as part of their identity in pastoral and other relationships. The development of notions of self will be examined theologically and theoretically, the impact on self-identity will be explored from social, familial, and cultural contexts, and a variety of human emotions will be considered as they impact on relationships with others. The implications of understandings of self and emotion will be explored and examined to deepen understanding and practice of healthy pastoral relationships.

#### Learning outcomes

Upon successful completion of this unit, it is expected that students will be able to:

1. Explain theological and theoretical notions of self as a way of locating their own self-identity.
2. Identify social, familial, and cultural influences on their own identity
3. Understand how notions of self-impact on relationships with 'other' especially within pastoral relationships
4. Identify a variety of human emotions as they impact on pastoral relationships
5. Understand the importance of maintaining emotionally healthy relationships including strategies for the use of supervision, Spiritual direction, peer groups, and ethical boundaries.
6. Research and resource their ongoing learning by identifying relevant texts and resources.

#### Assessment

Assessment Type	Weighting
Annotated bibliography (1000 words)	15%
Family/ cultural map with narrative explanation (1500 words)	25%
Case study in ministry or work setting (2500 words)	40%
Weekly reflection blog (1000 total words)	20%

**Pre-requisite:** N/A

**Lecturer:** Kathryn McKinney

#### Recommended reading

\* = set texts recommended for purchase

Burns, Bob, Tasha D. Chapman, and Donald C. Guthrie. *Resilient Ministry: What Pastors Told Us About Surviving and Thriving*. Downers Grove: IVP, 2013.

Conn, Joann Wolski, ed. *Women's Spirituality: Resources of Christian Development*. Mahwah NJ: Paulist Press, 1996.

Cooper-White, Pamela. *Shared Wisdom: Use of the Self in Pastoral Care and Counselling*. Minneapolis: Fortress, 2004.

Culbertson, Philip, Margaret Agee, and Cabrini 'Ofa Makasiale, eds. *Penina Uliuli: Contemporary Challenges in Mental Health for Pacific People*. Honolulu: University of Hawaii, 2007.

Dykstra, Robert C. *Images of Pastoral Care: Classic Readings*. St Louis: Chalice, 2005.

Johnson, Lydia F. *Drinking from the Same Well. Cross Cultural Concerns in Pastoral Care and Counseling*. Eugene: Pickwick, 2011.

Ling, Tim, and Lesley Bentley, eds. *Developing Faithful Ministers. A Practical and Theological Handbook*. London: SCM, 2012.

Richardson, Ronald W. *Creating a Healthier Church : Family Systems Theory, Leadership, and Congregational Life*. Minneapolis: Fortress Press, 1996.

Scazzero, Peter *Emotionally Healthy Spirituality*. Nashville: Thomas Nelson, 2011.